

Sample Peptide Therapy Informed Consent and Patient Agreement (Clinic Use Template – Editable)

Purpose of Treatment

This informed consent authorizes peptide therapy prescribed by the licensed healthcare provider as part of an individualized medical or wellness treatment plan. The prescribing clinician maintains sole authority over patient evaluation, diagnosis, treatment selection, dosing, monitoring, and follow-up care.

Regulatory Status Acknowledgment

The Patient understands that peptide therapies may include FDA-approved medications used off-label, compounded preparations, or investigational compounds. Some therapies may not be FDA-approved for the intended indication and long-term safety data may be limited.

Potential Benefits

Potential benefits may include support for metabolic health, recovery, immune function, tissue repair, sleep optimization, weight management, or overall wellness. Individual results vary and cannot be guaranteed.

Risks and Potential Side Effects

Risks may include injection site reactions, allergic reactions, nausea, fatigue, fluid retention, hormonal changes, blood pressure changes, gastrointestinal symptoms, drug interactions, and unknown long-term effects. Serious adverse reactions may require emergency medical care.

Patient Responsibilities

The Patient agrees to provide accurate medical history, disclose all medications and supplements, follow prescribed dosing instructions, attend recommended follow-up visits, complete laboratory monitoring when requested, and report adverse reactions within 24 hours.

Medication and Supplement Monitoring

The Patient agrees to notify the Provider before starting new medications or supplements during treatment. Failure to disclose outside substances may increase treatment risks.

Administration, Storage, and Handling

If medications are self-administered, the Patient agrees to follow proper sterile technique, storage requirements, refrigeration instructions when applicable, and safe disposal of sharps and medical waste.

Alternatives to Treatment

The Patient confirms that alternatives have been discussed, which may include lifestyle modification, oral medications, traditional medical therapy, hormone optimization, nutritional supplementation, or no treatment.

Telehealth and Medication Dispensing

Where applicable, the Patient acknowledges that treatment decisions may occur via telehealth consultation and medications may be dispensed or shipped following prescription. The Patient assumes responsibility for proper receipt and storage after delivery.

Financial Responsibility

Peptide therapies are frequently not covered by insurance. The Patient accepts responsibility for all associated costs. Once medications are dispensed, refunds or exchanges may not be available unless required by law.

Privacy and HIPAA Compliance

Patient information will be maintained according to HIPAA privacy standards. Information may be shared with pharmacies, laboratories, or other healthcare providers as necessary for treatment coordination or regulatory reporting.

Liability Acknowledgment

The Patient understands outcomes cannot be guaranteed and voluntarily assumes risks associated with peptide therapy. The Patient releases the Provider and clinic staff from liability arising from treatment outcomes except in cases of gross negligence or intentional misconduct.

Emergency Protocol

The Patient agrees to seek emergency medical care for severe reactions by calling 911 or presenting to the nearest emergency department and to notify the Provider as soon as reasonably possible.

Voluntary Consent

The Patient confirms this therapy has been explained, questions were answered, alternatives discussed, and consent is given voluntarily without coercion.

Authorization and Signatures

Patient Name (Printed): _____

Patient Signature: _____ Date: _____

Provider Name (Printed): _____

Provider Signature: _____ Date: _____

***This template is provided as a sample for clinical use and should be reviewed by qualified legal counsel to ensure compliance with applicable state and federal regulations prior to implementation.